

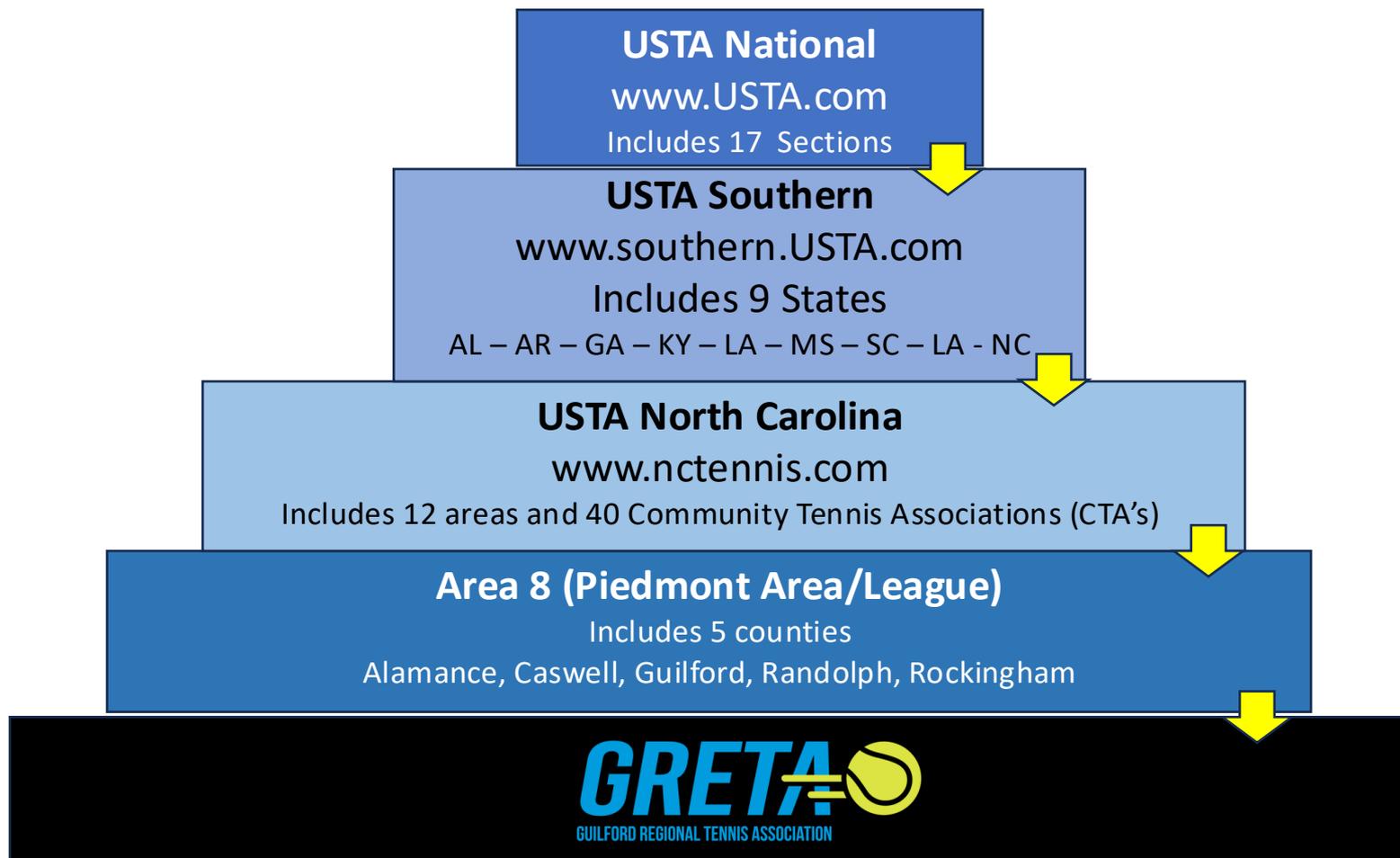


Thank you for joining – the meeting will start shortly.

Welcome to Captaining a Team

How does this all work...

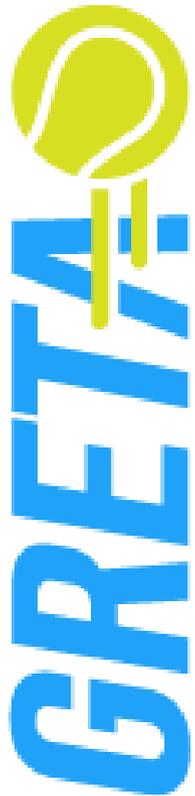
The USTA is the **national governing body for the sport of tennis** and the leader in promoting and developing the sport's growth on every level in the United States, from local communities to the US Open.



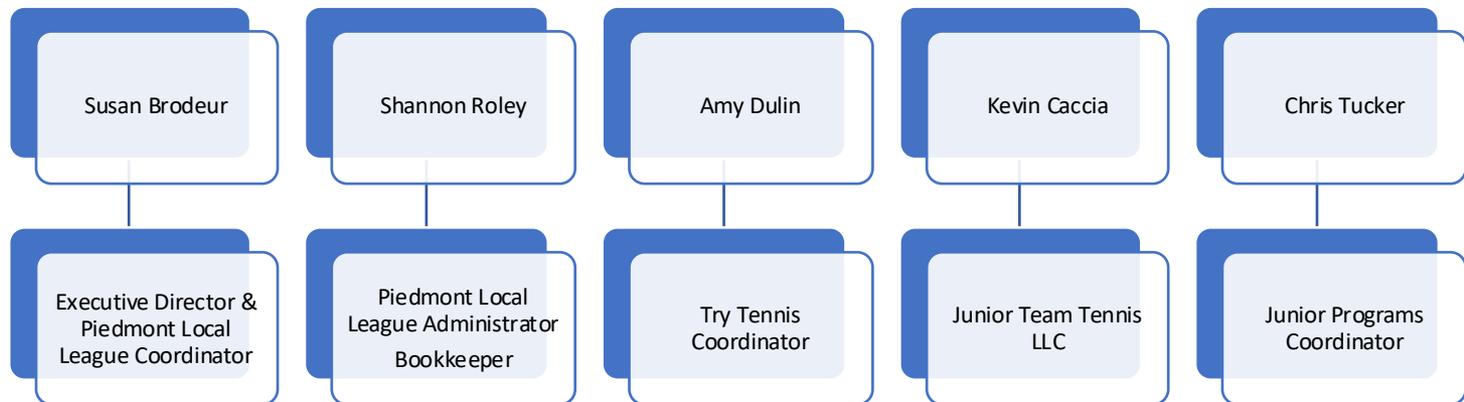
League questions and assistance should be directed to the Local League Coordinator
susan@gretanc.com

What we do...

USTA Leagues • GRETA Leagues (Summer DAZE Doubles, Fall Singles, Racquets & Jackets, Racquet Battle) • Aces & Ale Bar League • Find a Team/Player Program • Try Tennis Clinics • Host USTA 55 & over AND Mixed Championships • Junior Team Tennis • Junior Leagues, Clinics & Programs • Court Advocacy • Adaptive Clinics • CAST (Para-Standing Adaptive Tournament) • Blind Low Vision Tennis Clinics • Support Abilities Tennis Programming • Y'ALL League (Young Adults) • New play opportunities and MORE!



We're here to help!



An overhead view of two tennis players in white shirts shaking hands over a black net on a blue tennis court. The court has white boundary lines. The background is a bright, clear sky.

THANK YOU FOR BEING A CAPTAIN!

- As a Captain, you are helping others enjoy the thrill of the game, find lifetime friends and stay active.
- Together you form a large group of volunteers to LEAD the Piedmont Leagues tennis community.

Captains Duties!

PRIOR to the SEASON

- **READ REGULATIONS**
- REVIEW the Captains Pack Email
- VISIT the Captains/Players Resources page
- COLLECT Player Availability
- PLAN AHEAD... review schedule when posted.
- Make sure you have enough players to field ALL lines for every match.

THROUGHOUT the SEASON

- Create the lineup for each match
- Remind your players of lineup, match time and location.
- Enter scores within 48 hours of completing match (either captain can enter scores)
- Coordinate with other captain for any inclement weather makeups.

- **Let's Stay in Touch!**

- Keep an eye on your inbox
- Captains Bulletin - things you **NEED TO KNOW**



These emails are **MUST READ!**



Captains Pack Email



The screenshot shows an email header with the GRETA logo (Greenville Regional Tennis Association) and the USTA LEAGUE CAPTAINS logo. The main title is "USTA Adult League (spring) 2025". Below this is a section titled "The Things YOU NEED TO KNOW" which is divided into two columns: "REGULATIONS & GUIDELINES" and "HELPFUL GUIDES/INFO". The "REGULATIONS & GUIDELINES" column lists links for 2025 Piedmont Local League REGULATIONS, 2025 National/Southern/North Carolina Regulations, Friend at Court 2025, Coman Tie Break Guidelines, and Local/State Refund Policy. The "HELPFUL GUIDES/INFO" column lists links for Match Site Information List, Finding Captain Contact Information, HOW TO View Teams Schedule, HOW TO Enter Scores, How are Standings Determined, State Championships, and New Captain Info Sheet. Below these columns is a "LEAGUE SCHEDULES" section with three bullet points: LOCAL LEAGUE SCHEDULES, HOW DO I VIEW MY SCHEDULE, and CHECK YOUR SCHEDULES. At the bottom of the email is an orange banner with the text "What SHOULD I BE DOING now?".

GRETA
GREENVILLE REGIONAL TENNIS ASSOCIATION

USTA
LEAGUE
CAPTAINS

USTA
Piedmont
Game Set Match

USTA Adult League (spring) 2025

The Things YOU NEED TO KNOW

REGULATIONS & GUIDELINES

- [2025 Piedmont Local League REGULATIONS](#)
- [2025 National/Southern/North Carolina Regulations](#)
- [Friend at Court 2025](#)
- [Coman Tie Break Guidelines](#)
- [Local/State Refund Policy](#)

[More Info →](#)

HELPFUL GUIDES/INFO

- [Match Site Information List](#)
- [Finding Captain Contact Information](#)
- [HOW TO View Teams Schedule](#)
- [HOW TO Enter Scores](#)
- [How are Standings Determined](#)
- [State Championships](#)
- [New Captain Info Sheet](#)

[More Info →](#)

LEAGUE SCHEDULES →

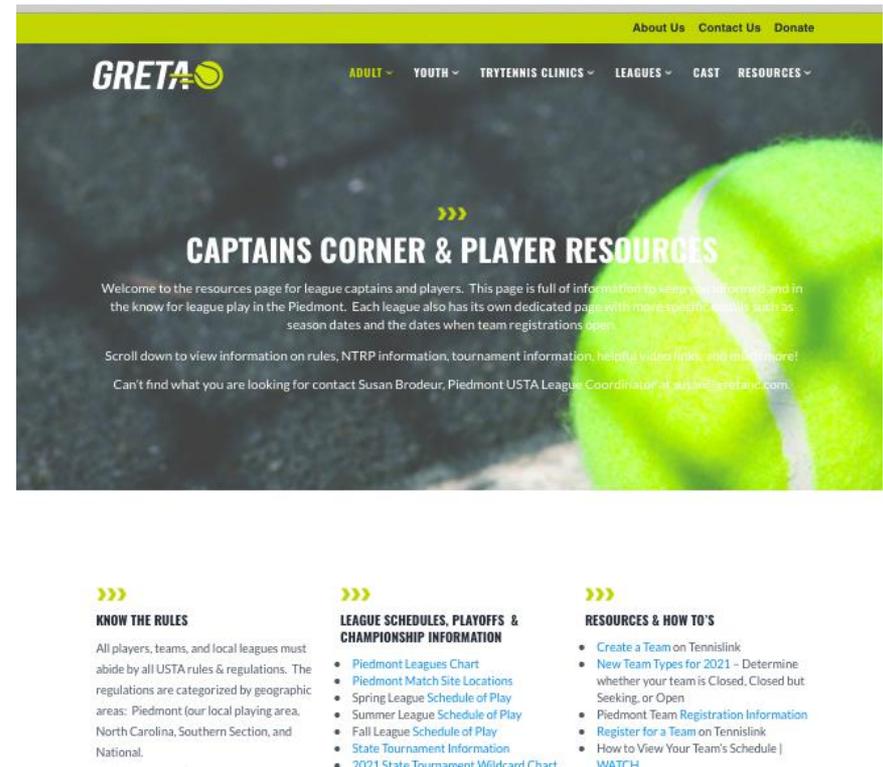
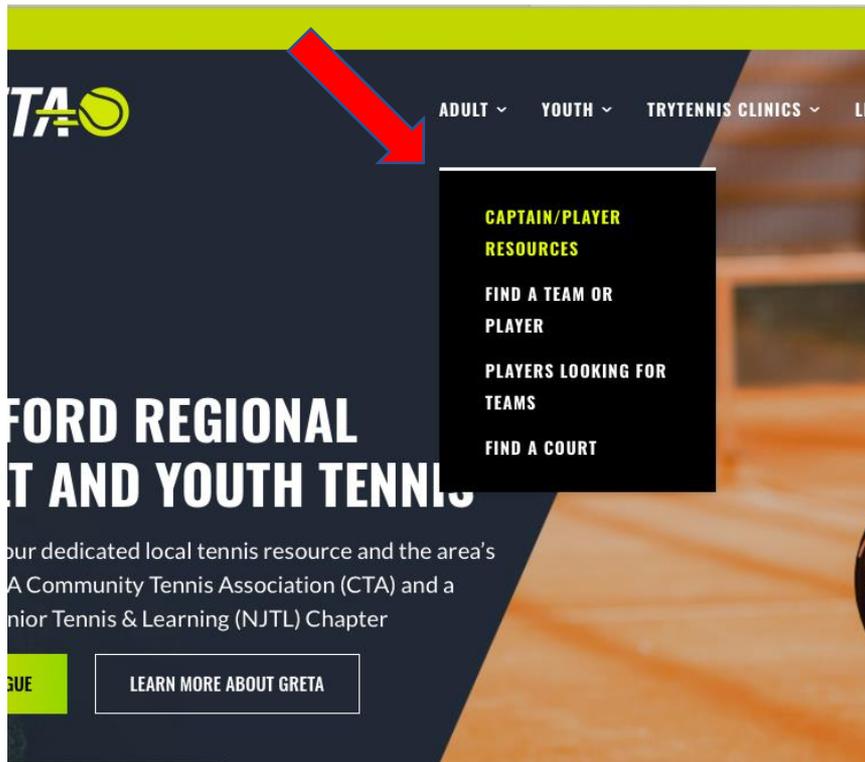
- **LOCAL LEAGUE SCHEDULES** - The league scheduling is in process but takes a significant amount of time to complete and confirm with all sites prior to publishing. Schedules will be published later in February and captains will receive a CAPTAINS BULLETIN notification.
- **HOW DO I VIEW MY SCHEDULE** - check out this video for a quick "how to"
- **CHECK YOUR SCHEDULES** - review ALL dates as soon as schedules are published! Please make note of any matches scheduled on potential conflict dates and/or potential weekend matches. Sometimes in order to complete a league schedule in the time required to report advancing teams, a weekend matches is necessary. PLAN AHEAD!

What SHOULD I BE DOING now?

- Links to Regulations
- Friend at Court and The Code
- Coman Tie Break Procedure
- Piedmont Match Sites Contact List
- State Championships
- Final Standings Information
- How to contact other captains
- How to correct a score entry
- Can you still add a player?
- Can one of my players get a refund?
- AND MORE



Captains Corner/Player Resources Page



<https://www.gretanc.com/captain-player-resources/>



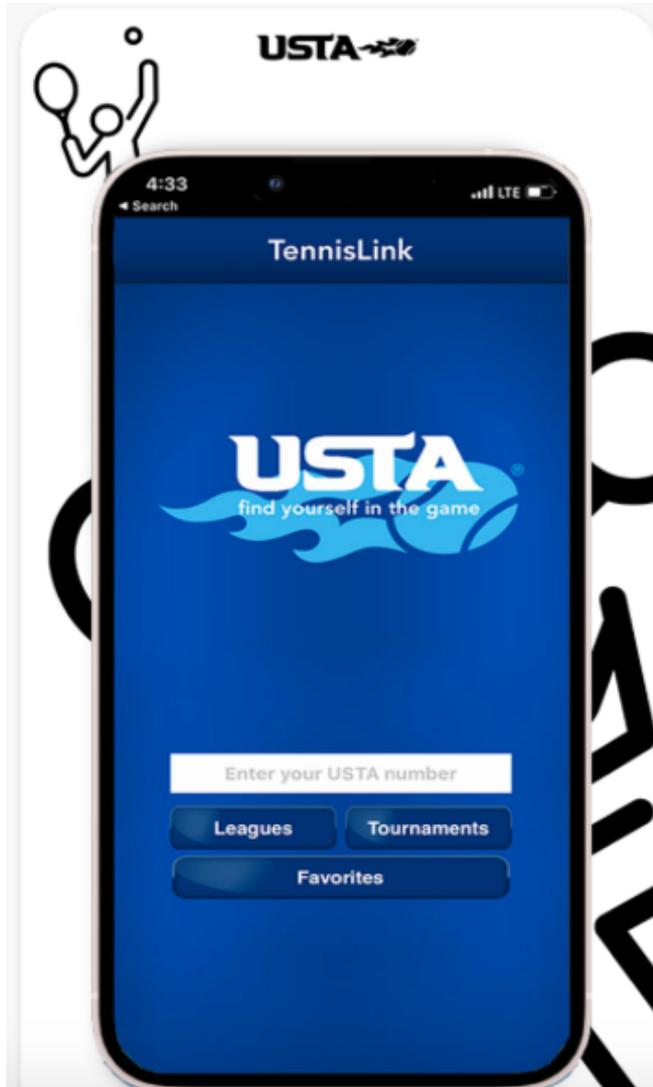
CHECK YOUR SCHEDULES & PLAN AHEAD!

- Weekend matches and potential holidays
 - Sometimes weekend match are necessary to complete the required schedule of matches in time to report advancing team.
- Match start times – this varies from facility to facility
- Confirm facility and address in TENNISLINK

Thoroughly review schedule prior to the season and be prepared!

Plan ahead...

Using the USTA App...



USTA is now Tennis Link

Get in the game with the TennisLink app - the app to find, view and manage your tennis teams. Experience USTA League on the go with these TennisLink app features:

HEALTH BENEFITS OF TENNIS



VIEW YOUR USTA LEAGUE SCHEDULES, STANDINGS AND STATS



CHECK YOUR LATEST USTA NTRP RATING



REPORT LEAGUE SCORES FROM YOUR MATCHES



SCOUT AND REVIEW PLAYER RECORDS



REVIEW THE LOCATION OF YOUR TEAM'S MATCH



DOWNLOAD THE APP. GET IN THE GAME.



TennisLink is the official system for USTA Adult Leagues

Player Roster • Match Schedule • Captains Contact Info • League Standing and MORE

<http://Tennislink.usta.com/Leagues>

Under “My Teams” click on your TEAM NAME

Click on the various tabs to view – MATCH SCHEDULE, CAPTAINS REPORT, TEAM ROSTER, etc.

The screenshot displays the TennisLink website interface. At the top, there are navigation tabs: "USTA LEAGUE", "TOURNAMENTS", "JUNIOR TEAM TENNIS", and "USTA FLEX LEAGUES". Below these are "MY TENNIS" and "LOGOUT" tabs. The main content area includes a welcome message for "Susan Brodeur" with a "Logout" link, her "NTRP Level: 3.0" and expiration date "12/31/2023", and her location "Southern > North Carolina". There are several search and registration options, including "REGISTER WITH A Team?", "Find NTRP Rating Info", "Stats and Standings", and "Find NTRP Rating Info". A "My Teams" section is visible at the bottom, showing a list of teams for 2024, such as "Ysidron 3.0W 40s Mon PM 2024 Piedmont USTA 40 & Over WOMEN 3.0 40 & Over" and "Hicks-Walker 3.0W 55s Thurs PM 2024 Piedmont USTA 55 & Over WOMEN 3.0 55 & Over". A red arrow points to the "My Teams" tab, and another red arrow points to the "Help Center" link in the right sidebar.

TennisLink is the official system for USTA Adult Leagues

Player Roster • Match Schedule • Captains Contact Info • League Standing and MORE

<http://Tennislink.usta.com/Leagues>

Under “My Teams” click on your TEAM NAME

Click on the various tabs to view – MATCH SCHEDULE, CAPTAINS REPORT, TEAM ROSTER, etc.

Team: Williams 40s 3.5M Tues PM Link to this Page

Follow This Team | Send to Excel | Print Report

Section	District/Area	League	Flight/SubFlight
USTA/SOUTHERN	NORTH CAROLINA - NC - PIEDMONT (GSO/HP)	2025 Piedmont USTA 40 & Over	WOMEN 3.5 40 & Over / 3.5 W 40 & Over Tues PM A
Captain	Co-Captain	Facility	League Date
Sharon Williams		Pinetop Sport Club 3723 Pinetop Rd Greensboro NC 27410	02/28/2025 - 05/26/2025
Admin's Message	Captain's Message		

Team Summary | Match Summary | Match Schedule | Player Roster | Captain's Report

Team Standings

Match Win Criteria: Team Wins

* Calculation of game-winning percentage does not include defaulted matches.

Team Name	Wins*	Losses	Indiv. Wins	Indiv. Losses	Sets Won	Sets Lost	Games Won	Games Lost	* Games Won %
Williams 40s 3.5M Tues PM	0	0	0	0	0	0	0	0	0.00%

Team Summary | Match Summary | Match Schedule | Player Roster | **Captain's Report**

Team Captains by Team Report As of 02/14/2025 10:32 AM

Team Captain Report

USTA/SOUTHERN / NORTH CAROLINA / NC - PIEDMONT (GSO/HP)
Adult 40&Over / 2025 Piedmont USTA 40 & Over

WOMEN 3.5 40 & Over - 21 Teams
3.5 W 40 & Over Day Thurs AM - 6 Teams

Williams 40s 3.5M Tues PM	48	
---------------------------	----	--

PRINT SCORECARD

To print the match scorecard:

1. Login to TennisLink
2. Scroll down and Click on team name
3. Hover over the match date to left of match listing.
4. Choose ***PRINT A BLANK SCORECARD***

As players finish their individual matches, write down the scores. Once all the courts have finished, confirm scores with the opposing captain. Either captain can enter the scores into TennisLink.

VIEW FULL TEAM SCHEDULE in detail

VIEW LEAGUE STANDINGS

ENTER SCORES

Using the same steps as you did to print a scorecard, hover over the match date and choose ***ENTER SCORES***. If the other captain has entered scores, you will use the same steps and choose ***CONFIRM SCORES*** option.

CORRECTING AN ENTRY ERROR

If an error is found... email susan@gretanc.com with the following.

1. Match Number
2. Complete information on what needs to be corrected
3. Include the other captain on the email to verify that both are in agreement.

View [a completed scorecard](#) – This example shows how to record different scores, including a set & match tiebreak, and a default.

Watch a YouTube video on [how to record scores on TennisLink](#)

- Match #
- Winners Prospective
- Tie break entry
- Default Entry
- Team Rosters

Flight Summer Daze 2.5 Women Night

USTA Section USTA/SOUTHERN

District/Area NORTH CAROLINA - NC - PIEDMONT (GSO/HP)

League 2021 Piedmont Summer Daze Doubles

Match #1008392361

Queens of the Court Vs. Miss Hits

Team ID: 703962

Date Scheduled: 5/25/2021 6:00 PM

Match Win Criteria: Team Wins

Home Team

Visiting Team

Score

1 Doubles Scoring Format: 3rd Set Tie Break

Name: Jane Doe Vs. Name: Sue Johnson 6 - 4

Name: Ann Smith Vs. Name: Tami Clark 5 - 7

Date: Winner X

Winner Status: 1 - 0

2 Doubles Scoring Format: 3rd Set Tie Break

Name: Bev Moore Vs. Name: Fran Thompson 6 - 2

Name: Connie Davis Vs. Name: Grace Jones 6 - 4

Date: Winner X

Winner Status: -

3 Doubles Scoring Format: 3rd Set Tie Break

Name: Donna Anderson Vs. Name: Default 6 - 0

Name: Emily Edwards Vs. Name: Default 6 - 0

Date: Winner X

Winner Status: -

the Court Members in Home Team:

(1) [Redacted] (2) [Redacted] (3) [Redacted] (4) [Redacted] (5) [Redacted] (6) [Redacted] (7) [Redacted] (8) [Redacted] (9) [Redacted] (10) [Redacted] (11) [Redacted] (12) [Redacted] (13) [Redacted] (14) [Redacted] (15) [Redacted] (16) [Redacted] (17) [Redacted] (18) [Redacted] (19) [Redacted] (20) [Redacted] (21) [Redacted] (22) [Redacted] (23) [Redacted] (24) [Redacted] (25) [Redacted] (26) [Redacted] (27) [Redacted] (28) [Redacted] (29) [Redacted] (30) [Redacted] (31) [Redacted] (32) [Redacted] (33) [Redacted] (34) [Redacted] (35) [Redacted] (36) [Redacted] (37) [Redacted] (38) [Redacted] (39) [Redacted] (40) [Redacted] (41) [Redacted] (42) [Redacted] (43) [Redacted] (44) [Redacted] (45) [Redacted] (46) [Redacted] (47) [Redacted] (48) [Redacted] (49) [Redacted] (50) [Redacted] (51) [Redacted] (52) [Redacted] (53) [Redacted] (54) [Redacted] (55) [Redacted] (56) [Redacted] (57) [Redacted] (58) [Redacted] (59) [Redacted] (60) [Redacted] (61) [Redacted] (62) [Redacted] (63) [Redacted] (64) [Redacted] (65) [Redacted] (66) [Redacted] (67) [Redacted] (68) [Redacted] (69) [Redacted] (70) [Redacted] (71) [Redacted] (72) [Redacted] (73) [Redacted] (74) [Redacted] (75) [Redacted] (76) [Redacted] (77) [Redacted] (78) [Redacted] (79) [Redacted] (80) [Redacted] (81) [Redacted] (82) [Redacted] (83) [Redacted] (84) [Redacted] (85) [Redacted] (86) [Redacted] (87) [Redacted] (88) [Redacted] (89) [Redacted] (90) [Redacted] (91) [Redacted] (92) [Redacted] (93) [Redacted] (94) [Redacted] (95) [Redacted] (96) [Redacted] (97) [Redacted] (98) [Redacted] (99) [Redacted] (100) [Redacted]

Miss Hits Members in Visiting Team:

(1) [Redacted] (2) [Redacted] (3) [Redacted] (4) [Redacted] (5) [Redacted] (6) [Redacted] (7) [Redacted] (8) [Redacted] (9) [Redacted] (10) [Redacted] (11) [Redacted] (12) [Redacted] (13) [Redacted] (14) [Redacted] (15) [Redacted] (16) [Redacted] (17) [Redacted] (18) [Redacted] (19) [Redacted] (20) [Redacted] (21) [Redacted] (22) [Redacted] (23) [Redacted] (24) [Redacted] (25) [Redacted] (26) [Redacted] (27) [Redacted] (28) [Redacted] (29) [Redacted] (30) [Redacted] (31) [Redacted] (32) [Redacted] (33) [Redacted] (34) [Redacted] (35) [Redacted] (36) [Redacted] (37) [Redacted] (38) [Redacted] (39) [Redacted] (40) [Redacted] (41) [Redacted] (42) [Redacted] (43) [Redacted] (44) [Redacted] (45) [Redacted] (46) [Redacted] (47) [Redacted] (48) [Redacted] (49) [Redacted] (50) [Redacted] (51) [Redacted] (52) [Redacted] (53) [Redacted] (54) [Redacted] (55) [Redacted] (56) [Redacted] (57) [Redacted] (58) [Redacted] (59) [Redacted] (60) [Redacted] (61) [Redacted] (62) [Redacted] (63) [Redacted] (64) [Redacted] (65) [Redacted] (66) [Redacted] (67) [Redacted] (68) [Redacted] (69) [Redacted] (70) [Redacted] (71) [Redacted] (72) [Redacted] (73) [Redacted] (74) [Redacted] (75) [Redacted] (76) [Redacted] (77) [Redacted] (78) [Redacted] (79) [Redacted] (80) [Redacted] (81) [Redacted] (82) [Redacted] (83) [Redacted] (84) [Redacted] (85) [Redacted] (86) [Redacted] (87) [Redacted] (88) [Redacted] (89) [Redacted] (90) [Redacted] (91) [Redacted] (92) [Redacted] (93) [Redacted] (94) [Redacted] (95) [Redacted] (96) [Redacted] (97) [Redacted] (98) [Redacted] (99) [Redacted] (100) [Redacted]



[VIDEO Link](#)

Team Management Tool

The screenshot shows the USTA Team Management Tool interface. The browser window title is "tennislinc.usta.com". The page header includes the USTA logo and navigation links for "LEAGUES" and "MY TENNIS". The main content area is titled "Team Details" and features a dropdown menu for the team name: "2024 - [redacted] 3.0W 40s Mon PM - 2024 Piedmont USTA 40 & Over WOMEN 3.0 40 & Over". Below this, there are sections for "Captain" (with a redacted name), "Co-Captain(s)" (labeled "Unassigned"), "Availability" (with a calendar icon), and "Preferences" (with a user profile icon). The "Matches" section displays "No Matches." The "Standings" section contains a table with the following data:

Team	Wins	Losses
Hanson 3.0W 40s Mon PM	0	0
Bushnell 3.0W 40s Mon PM	0	0
Cathey/Pitts 3.0W 40s Mon PM	0	0
Ysidron 3.0W 40s Mon PM	0	0

The bottom of the image shows the macOS dock with various application icons, including Safari, Photos, System Settings, Spotlight, Music, App Store, Messages, Mail, Microsoft Word, PowerPoint, Outlook, OneDrive, Teams, Zoom, and a trash bin.

Team Management Tool

New USTA League Team Management Tool Quick Tips

Captains:

1. Log onto the [USTA League](#) homepage.
2. Under **My Teams**, select the Blue Arrow → to access team management for that specific team (only leagues from the current championship year will show).
3. **Team Details** page:
 - Select **Email/Text** button to communicate with players and/or LLC.
 - Select **Availability** to review availability of players.
 - Go to **My Matches** to create the lineup. Choose the match and click **Create Lineup**.
4. **Create/Edit Match Lineup**
 - Edit lineup, enter scores or print scorecard from this screen.
 - **Select a player for each position;** when you click on '>' next to Choose Player, you will see their availability, gender, NTRP, win/loss record, matches played, preferences and preferred partner listed.
 - **Edit the time for each position.**
 - Indicate **'What to Bring/Notes'** for each player.
 - **Send Lineup To** options: Choose Players in Lineup, Team, or Selected Players. Choose Email and/or Text.
5. Match status shows Lineup Sent. You can see if players have confirmed the lineup (from the message or in Team Management).

Players:

1. Log onto the [USTA League](#) homepage.
2. Under **My Teams**, select the Blue Arrow → to access team management for that specific team (only leagues from the current championship year will show).
3. **Team Details** page:
 - Select **Availability** and choose Available, Not Available, If Needed or Not Sure for each match.
 - Update **Preferences**, if desired, to indicate singles or doubles, side of court, time of day and a preferred partner.
4. When your captain sends you an email and/or text with the lineup, confirm YES or NO if you are listed as a player. You can also do this in TennisLink in the lineup your captain has created for a match. (**View matches** listed on your Team Details page).

To view all features:

[New Team Management Tool - Captain Perspective](#)

[New Team Management Tool - Player Perspective](#)

2026 USTA PIEDMONT LEAGUE REGULATIONS

USTA Adult League • USTA Mixed Doubles • Southern Combo Doubles • Southern Tri-Level • NCTA Singles Leagues

Play is governed by THE RULES OF TENNIS in The Friend at Court, The Code, the USTA League Tennis National Regulations, STA Regulations and NCTA Regulations.

The Piedmont NC Local League Regulations are subject to the governing bodies of the United States Tennis Association (USTA), Southern Tennis Association (STA), North Carolina Tennis Association (NCTA), and the local Piedmont NC CTA (currently known as GRETA, Guilford Regional Tennis Association). Only the Piedmont Local League Coordinator, in conjunction with the NC Director of Adult Leagues, shall have the authority to interpret these regulations.

- Refer to the USTA League National, Southern and NC Regulations to review summary of the major regulation changes for 2026.
- Changes highlighted in yellow in these regulations are changes made at the local, state, section and/or national level.

League Fee and USTA Membership

- Local Piedmont League fees are \$26.00 (plus \$3.15 non-refundable Tennislink registration processing fee = \$29.15) unless otherwise designated.
- All players must be current members of the USTA through the respective league seasons.
- Renewals are not allowed during the local league season.
- If the player’s team progresses to a championship, the player’s membership must be current through the championship.
- Tennislink will be used to register teams online, view schedules, report scores and view results and standings.

Refunds

- [Click here](#) for GRETA Piedmont League Refund Policy. (Policy is posted on www.gretanc.com/refunds)

Number of Players

League	Season	Minimum Number	Maximum Number
USTA League 18 & over (3.0, 3.5, 4.0, 4.5)	Winter/Spring	6	15
USTA League 18 & over (2.5, 5.0, 5.5)	Winter/Spring	5	15
USTA League 40 & over (3.0, 3.5, 4.0, 4.5)	Winter/Spring	9	17
USTA League 40 & over (2.5 women, 5.0)	Winter/Spring	6	15
USTA League 55 & over	Winter/Spring	6	15
USTA League 65 & over	Winter/Spring	6	15
USTA League Mixed Doubles (All)	Spring/Summer	6*	15
USTA NC Singles League (All)	Spring/Summer	3	9
USTA Southern Tri-Level Leagues (All)	Spring/Summer	6*	15
USTA Southern Combo Doubles League (All)	Summer/Fall	6*	15

*Those 6 players must be able to combine to form 3 eligible doubles team.

Number of Teams

- A local league shall consist of a minimum of 2 teams at a specific level of competition. Advancement to a State Championship is not permitted if this requirement is not met, except for the following:

LEAGUE	Levels permitted to advance to State Championships if they are the only local team
USTA League Adult	18 & over 2.5 (Men) and 5.5 40 & over 2.5 and 5.0 All 65 & over teams
USTA League Mixed Doubles	All 55 & over and 65 & Over teams
Southern Combo Doubles	All 55 & over and 65 & Over teams, 18 & over 2.5, 5.5, and 9.5 teams, 40 & Over 5.5 and 9.5 teams
NCTA Singles	All Levels
Southern Tri-Level	All Levels



PIEDMONT
USTA Local
League
Regulations



NEW Regulation in 2026

If a player is already registered for a team and the player self-rates, as required, to register for another league and receives a higher rating, they are no longer allowed to continue play at the lower rating on which they have previously registered.

Regulations to NOTE

MAJORITY OF COURTS MUST BE PLAYED

- In order for a match to be valid, a majority of courts must be played.
 - 2 out of 3 for 3 court match
 - 3 out of 5 for 5 court match
- To win a team match, a team must win majority of the individual courts.

EXAMPLE of **INVALID** MATCH

3 court match: Teams play 1 court, Team A defaults 1 court
and Team B defaults 1 court

THIS WILL RESULT in a DOUBLE FULL TEAM DEFAULT

CONFIRM PLAYERS ARE REGISTERED BEFORE PLAYING

Player Eligibility

- All players must be registered on TennisLink prior to playing their first match.
- If a non-registered player participates in a match, that match will be considered a forfeit.

Regulations to NOTE

- Coaching is not allowed. Spectators may not assist in line calls, score disputes, or any other calls.
- The only time a player may leave the court is to:
 - Take a bona fide **restroom** visit (a restroom break is permissible at any time but preferably should take place on an odd game change-over or between sets).
 - **Fix an item of clothing** necessary to play (you may not leave the court to get a racquet).
 - Get **water** (please plan and take water with you before the match begins).
- Cell Phones should be silenced during league play.
 - A player whose phone rings while a point is in progress will be warned that if it happens again, the opponent can claim the point.
 - It is legal to call a let if the ringing of the phone interferes with the play; however, the owner of the phone may not claim a let.

Regulations to NOTE

Rescheduling:

- In support of local play opportunity, and to avoid team defaults, **if both captains agree** in advance, they **may reschedule a match** that conflicts with a holiday or for any other reason, **provided the match is completed and scores are entered in TennisLink before or by the original match date.**
- Once a day, time, and location for a makeup/rescheduled match have been agreed upon by the parties involved, that match may not be postponed, for any reason other than inclement weather.
- Captains/players are responsible for canceling the originally scheduled courts and for reserving courts for the rescheduled time.



Default Procedures:

- The default time is 15-minutes. Captains are NOT to waive this rule and are responsible for following these procedures.
- If a player has not arrived at the **start of the match** (the scheduled match time) the captains should synchronize their watches and time the forfeit.
- The start of the team match is defined as the scheduled time. (The clock may not begin until a court is available for the team's first match.)
- The default time should be announced to all players by the captains at the beginning of the team match.
- If a player does not arrive on the court, ready to play, within the 15-minute default time, the match is a default and should be declared as such by the players or captain if available.
- The court assigned for this match may be used but should be made available for the next scheduled match (i.e. 6:00pm match = forfeit, court must be made available for the 7:30pm match to follow).

A player is late... now what?

Preferred!

Captains can agree to exchange scorecards and begin play with the lineups as is per the USTA Q&A Interpretations. Default rules will apply

Wait until the missing player is on site and ready to play (prior to the 15-minute default time). At the default time, if the player is still not on site and ready to play, the missing player would be moved to a default-able court (see chart below: Courts to be Defaulted First), scorecards would then be exchanged, and play would begin.

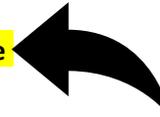
Substitute a missing player with an eligible player that is on site and ready to play but is not listed on the original scorecard. Substitutions must be made prior to the 15-minute default time and can only be exchanged for the missing player in the original lineup.

- Once scorecards have been exchanged, no substitutions may be made except in accordance with the following USTA rule:
 - Prior to the start of an individual match, if injury to, illness, disqualification or no-show of a player occurs, the affected team may substitute a player who is immediately ready to play and not listed on the scorecard and may adjust their lineup at the affected position only. The substituted player is entitled to a 5-minute warm up. If no substitution is made within the 15-minute default period, the default will be awarded at that position.

This also applies to makeup matches

Completing the Match:

- After the start of an individual match, if injury to or illness to a player occurs, the opponents will be awarded **retirement** for that match only.
- Captains/players are strongly advised to **confirm scores** with one another at the conclusion of the match to avoid confusion with incorrect score entry.
- One team captain will **report scores** online (this may be either captain), the other captain is to **confirm the scores**.
- Scores must be posted and verified within **48 hours** of the completion of the match, or the LLC has the right to default both teams. Players are strongly advised to confirm scores and player full names with one another at the conclusion of the match to avoid confusion with incorrect score entry.
- To request a **score correction**, captains must contact the LLC and provide the following: 1) Match number 2) correction to be made and 3) include the opposing captain on the email request to confirm teams agree.
- TennisLink will automatically confirm posted scores that have not been verified within 48 hours of the match.
- **Disputes on entered match scores must be made before that team's next scheduled match.**
 - **If disputing a match score entry, captains need to email LLC with the information they are disputing.**



- RETIREMENTS
- CONFIRM SCORES & FULL NAMES
- REPORT or CONFIRM SCORES
- SCORE CORRECTIONS
- DISPUTING A MATCH ENTRY



DEFAULTING MATCHES

By joining the GRETA Piedmont League, a team is making a commitment to play every match.



Team Defaults

- If a team defaults one entire team match during round robin play, then all matches the defaulting team played will be null and void when determining standings if it has been determined by the local league coordinator that the defaults have affected the local league standings as far as team advancement to State Championships. However, if all teams in contention for the advancement have played the defaulting team in good faith, those matches stand as played.
- If a team shows up without the minimum number of players required for a team match to be valid based on the number of players present, or to be present, it will be a full team default in favor of the opponents. Please refer to the National Regulation 2.01C(2) on Scoring of Team Defaults.
 - **1 Team Default:** At the end of the season, standing will be evaluated to see if the full team default influenced the final standings. **If the final standings were affected, all the matches of the defaulting team will be removed from the standings** (only the effected round, if more than one round robin) and the final standings will be recalculated. If neither team in contention received a full team default, the standings will stand. The defaulting team may be subject to a grievance. A defaulting team cannot benefit from their full team default.
 - **2 Team Defaults:** If a team defaults 2 full team matches, all their matches played or to be played **may** be ruled null and void. Matches played will count for NTRP ratings and advancement purposes but will not be used to determine the final standings. **The defaulting team may be subject to a grievance.**



DETERMINING TEAM STANDINGS

The league standings are determined by:

1. Team Wins
2. Individual Matches Won
3. Head-to-Head
4. Least Sets Lost
5. Least Games Lost

At end of season, if teams are tied for 1st place:

1. Winner of the most individual matches (courts)
2. Winner of head-to-head match
3. Loser of fewest sets
4. Loser of fewest number of games
5. Toss of a coin





It's Match Day...

- **Balls:** Home team as indicated on schedule brings new can of balls for each court
- **Before each match**
 - Confirm with players - match site and time, and if they are to bring balls
 - Print & complete your team's scorecard (or designate acting captain)
 - **USE FIRST AND LAST NAMES**
 - Collect team court fees and pay site PRIOR to the start of the match.
 - Court fees vary and are set by the facilities.
 - Be aware of facilities with cashless payment policies.
 - Turn in line-up to site facilitator if applicable.
 - At other sites captains swap scorecards, completing other side of scorecard simultaneously
- **Arriving for a match**
 - Be sure your players are aware of the **15-minute Default Rule**
- **After match**
 - Write in scores on scorecard
 - Confirm scores and player names with opposing team players and captain
- **If your match is rained out**
 - Contact the opposing captain and make a plan to get courts rescheduled
 - Courts may be made up individually
 - Matches **MUST** be made up within 14 days of ORIGINAL match date
 - Teams may play indoors when **BOTH teams agree** - Indoor court fees apply



During a match...

- Remember the **time allotted** during matches:
 - Between points and games = 20 seconds
 - Changeover = 90 seconds with the exception of the first game of each set
 - Between 1st and 2nd SET = 120 seconds
 - Between 2nd and 3rd set match tiebreaker = 120 seconds
 - Medical timeout = you are allowed a 3-minute break for a medical timeout and only one of these during a match per injury/illness.

A photograph of a tennis court with a wet, reflective surface. Two individuals are operating floor scrubbers on the court. The person on the left is wearing a dark jacket with a pink hood and dark pants. The person on the right is wearing a dark jacket and dark pants. The court has white lines, and a green chain-link fence is visible in the background.

14 days (does not reset)

- **INCLEMENT WEATHER/MATCH MAKE-UPS** – Our local regulations require matches be completed and entered into Tennislink with 14 days of original match date. This regulation is helpful in giving captains a timeline to work with and eliminates the issue of matches being left to the end of the season and teams watching the standings.

PLAYOFFS

- Leagues with multiple flights will have playoff matches at the end of the season to determine which team will advance to State Championship.
- The schedule of playoff matches will be prepared after league schedules are completed and you will receive an email with the information.

REGULATION:

League Play

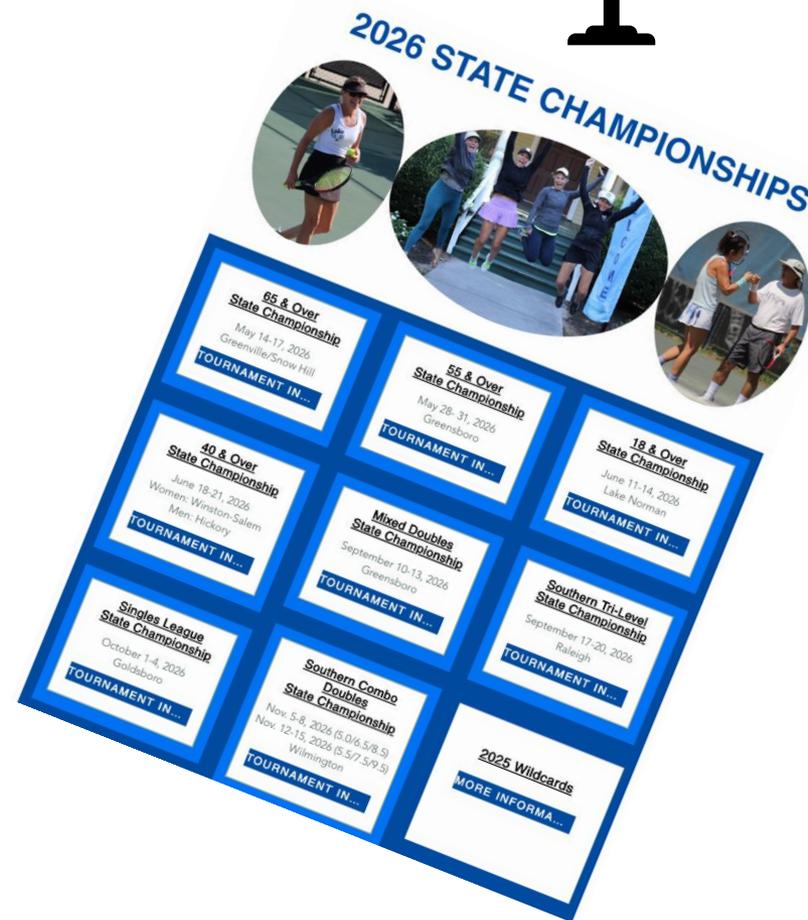
1. *Each NTRP level within the local league **may** play at least one full round robin where each team will play every other team.*
 - a. *Where flights play a full round robin, the first-place team will advance to la local playoff if another flight exists (i.e., between a night and day flight) or to State Championships if no other sub-flights.*
 - b. *Where flights play a partial round robin, as each team may not play each team the same number of times, the 1st and 2nd place team will play a sub-flight playoff to determine the winner of that flight.*

AGE DIVISION	DATES	LOCATION	LOCAL MATCHES REQUIRED
65 & over	May 14-17	Greenville	1
55 & over	May 28 - 31	GREENSBORO	2
40 & over WOMEN	June 18-21	Winston Salem	2
40 & over MEN	June 18-21	Hickory	2
18 & over	June 11-14	Lake Norman	2

NOTE: 55+ and 65+ Tournaments Thursday - Sunday

League Championships

- If a team has 4 or more players (3 for Tri-Level and Singles League matches) who are playing or working at a League Championship at either the North Carolina State, Southern Section or National Levels and have a team match in conflict of these events then they can reschedule the match either by playing before the scheduled date or within 2 weeks after the scheduled match (as long as the makeup match occurs within the league season dates and prior to any scheduled local playoffs for that flight). They must notify the other team captain and the LLC of the conflict no later than one week before the scheduled match and work with both parties to reschedule the match within the above-mentioned timeframe. If a team has 4 or more players with a Piedmont local playoff match in conflict with the championships, the playoff match may only be rescheduled if the players are competing at the state, section or national level representing a Piedmont team.



<https://www.nctennis.com/state-championships>

Friend at Court 2025

KNOW THE RULES

- The USTA Handbook of Tennis Rules and Regulations has the title "Friend At Court". This document is all inclusive consisting of 344 pages. The book contains the:
 - * ITF Rules of Tennis;
 - * USTA Regulations;
 - * The Code;
 - * ITA rules and regulations;
 - * Glossary of terms commonly used in tennis.

FRIEND AT COURT

**THE HANDBOOK
of TENNIS RULES *and*
REGULATIONS**

THE CODE

The code is a summary of procedures and unwritten rules that custom, and tradition dictate all players should follow.

- **Courtesy is expected.**
- **All points played in good faith stand.** For example, if a point is played from the wrong court, there is no replay. Corrective action may be taken after the point is completed.
- **Partners' disagreement on calls.** If one partner calls the ball out and the other partner sees the ball good, the ball is good.
- **Player makes calls on own side of net.**
- Opponent gets the benefit of the doubt.
- **Ball touching any part of the line is good.** Any ball that cannot be called out is good.
- Either partner may make calls in doubles. The call of a player looking down a line is more accurate than a player looking across a line.
- **Spectators never make calls.**
- If partners disagree on a call, resolve it in favor of the opponents.
- Let called when ball rolls on court. When a ball from another court enters the playing area, **any player on the court affected may call a let.**
- A player who calls a ball out shall reverse the call **if the player becomes uncertain or realizes that the ball was good.** The point goes to the opponent and is not replayed. However, when a receiver reverses a fault call on a serve that hit the net, the server is entitled to two serves.
- **Retrieving stray balls.** Each player is responsible for removing stray balls and other objects from the player's end of the court. Whenever a ball is not in play, a player must honor an opponent's request to remove a ball from the court or from an area outside the court that is reasonably close to the lines. A player shall not go behind an adjacent court to retrieve a ball or ask a player on an adjacent court to return a ball while a point is in play.





10 RULES

PLAYERS SHOULD KNOW

1. Can I call a double bounce on my opponent?

No. You are not allowed to make the call. Your opponent determines whether they got to the ball on one bounce or not.

2. Can I call a foot fault on my opponent?

No-ish. Only after all reasonable efforts, such as a warning and attempting to get an official, have failed.

3. If the ball is flying out, can I catch it or stop it before it bounces?

No. You will lose the point if you catch it/stop it before it bounces.

4. I served first in the set tiebreak, who starts the next set?

Your opponent. The other player or double team will serve the first game of the following set.

5. If a racket is dropped or a shoe comes off, can I call a let?

No. These are not reasons for any player to claim a let. Play on!

6. If my serve hits my opponent before it bounces do I win the point?

Yes. You also win the point if a ball is flying out of bounds but a player gets hit before it lands out.

7. If I win the toss/racket spin what are my choices?

Three choices: Serve or receive, side of the court, or ask your opponent to choose (defer).

8. If I am not sure if the ball is in or out, can I replay the point?

No. Any ball that cannot be called out is good. You should always give your opponent the benefit of any doubt.

9. My opponent's grunting is bothering me. Can I call a let?

No. Only an official may rule that these actions are hindrances.

10. When am I allowed to talk during play?

Only when the ball is moving towards you in doubles. You could lose a point if you talk when the ball is going toward your opponent.

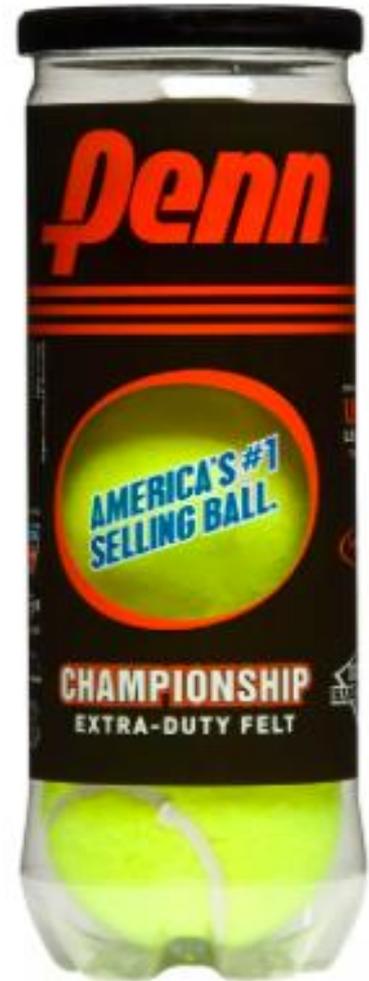
If any part of a ball touches a line, the ball is good. A ball 99% out is still 100% good. A player shall not call a ball out unless the player clearly sees space between where the ball hits and a line.

- If 99% out, it is 100% good



Home Team =

That is all!



WARM UP is not practice!

- Warm up is limited to 5-10 minutes.
- Enter the court ready to play!
- Why?



[How to: 5-Minute Warm-up Routine](https://youtu.be/qD879Py0e1o?si=wx0IHHqcS0yEAMWF)

<https://youtu.be/qD879Py0e1o?si=wx0IHHqcS0yEAMWF>



Let's Review...



- ❖ All matches are to be played on the date and time listed in Tennislink (both captains can agree to play matches **EARLY** but cannot agree to play matches late.
- ❖ Make sure your players are **registered PRIOR** to competing in a match.
- ❖ Scores must be reported in TennisLink within **48 hours** of match completion.
- ❖ There are no rules or considerations for **wind chill, heat index, or wind gusts**.
- ❖ 14-day match makeup period – this is from **original match date** and does not renew to makeup match date.
- ❖ **Make-ups:** Once a match is rescheduled and confirmed by both captains (date, time, and location), the match cannot be changed unless it is cancelled due to weather. Get it in writing (email or text).
 - ❖ Teams **MAY** substitute a player not in the original line-up.

FACILITY REMINDERS

- Check with facility to confirm court **conditions if weather** is questionable. Don't assume a facility does not have playable courts.
 - One hour in advance of match!
- **Court fees** are due PRIOR to the start of your match in 1 payment for your team. Court fees vary at the facilities.
 - **Courts fees are established by the individual facilities**
- If you are **moving your match** to another location, notify the facility 24 hours in advance. Please be considerate of the site committing to hosting ~ we need these sites!
- A list of facilities with addresses and contact information is included in your captain email packet and on Captains Corner webpage
- Confirm location of matches in TENNISLINK the APP does not list facility name.



MATCH FACILITIES

1. Spencer Love Tennis Center
2. Latham Park Tennis Center
3. Barber Park (Simpkins Indoor Tennis Center)
4. Lake Jeanette Swim & Tennis Club
5. Pinetop Sports Club
6. Hamilton Lakes Swim & Tennis
7. Sherwood Swim & Racquet Club
8. Starmount Forest C C
9. Asheboro Swim & Racquet Club (Asheboro)
10. Forest Oaks Swim & Tennis (Forest Oaks)
11. Olde Forest Racquet Club (Elon)
12. Burlington Tennis Center (Burlington)
13. Alamance Country Club (Burlington)
14. Oak Hollow Tennis Center (High Point)
15. Wesleyan Christian Academy (High Point)



PIEDMONT USTA - MATCH LOCATIONS

Location	Address	Court Fee	Phone
Alamance CC	2402 Pineway Drive, Burlington	\$5 per player	336-584-4115
Asheboro Racquet & Swim Club	1988 Berkeley Lane, Asheboro	\$5 per player	336-521-4002
Barber Park - Simpkins Indoor	1500 Dan's Road, Greensboro	\$12 per player	336-373-5886
Burlington Tennis Center	1402 Overbrook Rd., Burlington	\$5 per player	336-229-3155
Cardinal Swim & Tennis	4108 Windlestraw Ln. Greensboro, NC 27410	\$6.50 per player - cashless (Venmo only)	Tennis Shop: 336-674-5042 Pro: 864-940-8841
Forest Oak CC	4600 Forest Oaks Drive, Greensboro	\$5 per player	
Grandover RESORT	One Thousand Club Road, Greensboro (at the entrance to hotel)	\$5 per player	336-908-8176
Grandover Swim & Racquet Club	4501 Pemberton Road, Greensboro	\$5 per player	336-423-7553
Green Valley Park Swim & Tennis	2815 Rutherford Dr, Greensboro	\$5 per player	336-292-8740
Hamilton Lakes Swim & Tennis Club	800 Montpelier Drive, Greensboro	\$5 per player	336-292-2993
High Point Country Club - Emerywood	800 Country Club Drive, High Point	\$5 per player	336-882-4312
Lake Jeannette Swim & Tennis	5040 Bass Chapel Road, Greensboro	\$5 per player	336-282-6465
Latham Park Tennis Center	907 Cridland Drive, Greensboro	\$5 per player	TEXT to 336-860-7464
Lawndale Swim & Tennis Club	2919 Keats Place, Greensboro, NC 27408	\$5 per player	336-763-4292
Oak Hollow Tennis Center	3401 North Centennial Street, High Point	\$12 per COURT	336-883-3493
Olde Forest Racquet Club	200 Pinedale Drive, Elon	\$5 per player	336-449-7121
Piedmont Indoor Tennis Center	21 B Oak Branch Drive, Greensboro	Call Piedmont for current fee	336-299-6894
Pinetop Neighborhood Resort	3723 Pinetop Road, Greensboro	\$7 per player	336-288-6768
Sedgefield Country Club	3201 Forsyth Dr Greensboro, NC	\$7 per player. \$15 for Indoor	336-547-0052
Sherwood Swim & Racquet Club	100 Alma Pinnix Drive, Greensboro	\$7 per player. \$15 for indoor	336-272-5049
Spencer Love Tennis Center	3802 Jaycee Park Drive, Greensboro	\$7 per player Dbls / \$10 pp Singles	TEXT to 336-860-7464 or Call 336-545-5320
Starmount Forest CC	One Sam Snead Drive, Greensboro	\$10 per player	336-294-5955
UNCG	Kenilworth St & Walker Ave (Parking Deck), GSO	2026 Fee Pending	
Wesleyan Christian Academy	917 Eastchester Dr., High Point	\$5 per player	Ginny Carpenter 336-491-4187

Court fees for all sites are payable at each match before the match begins, in one amount.

PUBLIC COURTS - walk-up play/cannot be reserved

Lake Daniels Park	410 Mimosa Drive, Greensboro (3 new hard-courts with lights)
Bur-Mil Park	5834 Bur-Mill Club Road, Greendboro (6 hard-courts - no lights)
Deep River Recreation Center	1525 Skeet Club Road, High Point (3 new hard-courts - no lights)
Oak View Recreation Center	503 James Road, High Point (2 hard-courts with lights)
Page High School	201 Alma Pinnix Drive, Greensboro (8 hard courts)



GRIEVANCES

- Who can file a Grievance? **TEAM CAPTAIN.**
- What is the timing to file a grievance? Must be filed prior to the team playing their next match in the league.
- In the event of a grievance to be filed during a playoff match, the team captain has 30 minutes after the completion of the match to notify the LLC of the grievance.
- How is the Grievance handled? Submit your request to file a grievance to the LLC and **submit filing payment of \$100**. LLC will send all necessary forms and walk the captain through the process.
- Local Grievance Committee hears the grievance.
- All parties involved receive all communications and information related to the grievance.
- The USTA Suspension Point System will be used to assess point against ANY parties involved in the grievance.
- If grievance is upheld, filing fee payment is returned.
- If grievance is dismissed, funds will be donated to NC Tennis Foundation.

USTA LEAGUE GRIEVANCE

Captains and coordinators should review and be familiar with Section 3.00 of the USTA League Regulations, with particular attention to Sections 3.03A, 3.03B, 3.03D, 3.03E and 3.04.

3.03A: A grievance against an individual or team may only be filed by the team captain of the team who is involved in the match where the alleged violation occurred. It is a grievance against the individual or team and not against the League. Grievances and NTRP Grievances which may be filed as stated in Reg. 3.03A, 3.03B, 3.03D and 3.03E.

3.03B: Any grievance alleging a violation for an individual or team during ball play competition shall be in writing with the Local or District/State League Coordinator or League Playing Committee. The grievance shall be filed prior to the completion of play or within the next 30 minutes after the match, whether or not the individual player participated or is within 16 weeks after the end of the league season unless for Administrative Grievances (See Reg. 3.03C), Eligibility Grievances (See Reg. 3.03G) and NTRP Grievances (See Reg. 3.03I).

3.03C: Upon receipt of the grievance, the Local or District/State League Coordinator or League Playing Committee shall immediately send a copy to the Chair of the appropriate League Grievance Committee or shall Committee as designated in the USTA League Regulations to the appropriate jurisdiction where the grievance has been filed.

3.03D: Any grievance alleging a violation during play shall be filed prior to the completion of the play or within 30 minutes after the match, whether or not the individual player participated except for Eligibility Grievances (See Reg. 3.03G) and NTRP Grievances (See Reg. 3.03I).

3.03E: At the time a grievance is filed, a copy of the grievance shall be sent to the Chairperson of the Committee to which the grievance has been made.

3.03F: A grievance regarding failure to meet eligibility requirements may be filed by a team captain, league coordinator or member of a Championships Committee at any time.

3.03G-3.03M: Any league coordinator, coordinator of member of a Championships Committee may file an NTRP Grievance. NTRP Grievances may be filed against a player at any time up to 60 days after the completion of the Section Championships, if the player's team is within or at the player's participation. NTRP Grievances shall be filed in writing with the Local or District/State League Coordinator or League Playing Committee. NTRP Grievances shall be administered by the District/State NTRP Grievance Committee.

3.03N-3.03O: Any league coordinator, coordinator or member of a Championships Committee may file an NTRP Grievance. NTRP Grievances shall be filed in writing with the appropriate league coordinator or league playing committee at any time up to 60 days after the completion of the Section Championships if the player's participation in the NTRP Grievance was not. NTRP Grievances will not be accepted in those Championships.

Grievance Filed Against

Name/Title: _____ Title: _____

League Division: _____ NTRP Level: _____

Team Name: _____ Position Played: _____ Team Captain: _____

Local League: _____ District/Area: _____ Section: _____

GRIEVANCE FILED BY:

Name/Title: _____ Date: _____ Time: _____

Local League: _____ District/Area: _____ Section: _____

Type of Grievance:

General Grievance (3.02A) Eligibility Grievance (3.02 D)

Administrative Grievance (3.02B) NTRP Grievance (3.02E)

USTA LEAGUE SUSPENSION POINT SYSTEM 2024 - 2/6/24

Type	Violation	Suspension Points Player
General	Changing the line-up after it has been presented/exchanged	2 - 4
	Failing to comply with a USTA League Regulation or Guideline or Championship Procedure	
Sportsmanship (Player)	Equipment Abuse (e.g., throwing racket, hitting balls out of the court)	2 - 24
	Unsportsmanlike Conduct/Violations of The Code or inappropriate conduct (e.g., intentional/retaliatory bad line calls, refusing to call out the score, "quick" serving, stalling, feinting, grunting, tanking/not using best efforts to win; obscene/profane language or gestures)	2
	Unsportsmanlike conduct or inappropriate conduct by a player while the player is still in the playing area but not during a match, if the conduct would have resulted in a code violation had it occurred during the match	2 - 4
	Unsportsmanlike conduct or inappropriate conduct off court by a player regardless of location or medium. This includes, but is not limited to, conduct at League match sites, League activities, hotels or other housing, and all forms of communication, including online medium or otherwise.	2 - 4
	Flagrant unsportsmanlike conduct or flagrant inappropriate conduct (e.g., hitting balls at opponent or spectators, threat of physical violence, destruction of property) regardless of location or medium. This includes but is not limited to, conduct at	2 - 4

QUESTIONS...

susan@gretanc.com



Sportsmanship



USTA PLAYER PROMISE:

I recognize that tennis is a sport that places the responsibility for fair play on me. I promise to abide by the rules of the game, which require me to give the benefit of the doubt to my opponent.

At all times I shall strive to compete with the true spirit of sportsmanship, recognizing that my behavior on the court is a direct reflection of my character. Whether this match ends with my victory or defeat, I promise to conduct myself in a way that honors my opponents, my team, those who support me, and the game of tennis.

LET'S PLAY



- Remember Court Etiquette
 - Be welcoming to our new players
 - Play fair & be sportsmanlike
 - Remember we are all GUESTS
 - Be Responsible
 - Be Respectful
 - Be Safe
- *Do not leave valuable in vehicles*



Thanks for
Captaining



GO Piedmont!



susan@gretanc.com